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ONLINE SEMINARS - EXECUTIVE SUMMARY

Turning sport into a tool for inclusion, learning & environmental action

Highlights from the NEETActive seminars held online in July 2026 with participants from Italy, Germany and Hungary.

46
PARTICIPANTS

3
COUNTRIES

Online
ZOOM SEMINAR FORMAT

NEETActive partners brought together trainers, youth workers, coaches, grassroots and youth sport staff, NGO representatives, volunteers and young people to explore the NEETActive Educational Programme and Online Toolkit. The seminars focused on practical, non-formal methods connecting physical activity with social inclusion, wellbeing and environmental awareness.

Core learning areas

- Inclusive sport
- Outdoor learning
- Communication
- Wellbeing
- Teamwork
- Sustainability

Most valued by participants

Community Orienteering Challenge

Movement, teamwork, problem-solving and environmental responsibility in one adaptable activity.

Inclusive communication exercises

Dialogue, active listening and group decision-making to strengthen trust and cooperation.

Why the approach worked

01
Simple, adaptable methods that fit different youth-work contexts.

02
Clear links between sport and confidence, teamwork, resilience and social connection.

03
Environmental learning integrated into outdoor activity, not treated as a separate topic.

NEETActive - Project ID 101245003
Combining Sport, Fun and Environmental Consciousness

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FROM FEEDBACK TO ACTION

What to build on and take forward

What participants highlighted

- High participation and positive qualitative engagement.
- Strong relevance to real youth-work and sport settings.
- Practical interest in inclusive sport, outdoor learning and environmental education.
- Potential to strengthen communication and social competences through the toolkit.

Recommendations

- Allocate sufficient time for hands-on testing and small-group adaptation.
- Reserve dedicated time for final reflection, feedback and implementation planning.
- Include a complete practical or outdoor activity whenever possible.
- Complement practical tasks with adapted cards, maps and printed materials.

Additional proposed local follow-up activities

1. **Inclusive Football & Fair Play**
   Adapted rules, rotating roles, peer support and reflection.
2. **Community Orienteering Challenge**
   Accessible routes, team tasks and sustainability checkpoints.
3. **Communication & Wellbeing Workshop**
   Dialogue circles, active listening and conflict-mediation practice.
4. **Environmental Action Micro-Project**
   Youth-led responses to local issues such as waste, biodiversity or public spaces.
5. **Reflection & Evaluation**
   Review accessibility, learning outcomes, barriers and adaptations before repeating activities.

Explore the NEETActive project and resources

Sport. Inclusion. Sustainability. Practical tools for youth work with young people facing social, educational or employment barriers.

neetactive.eu

NGO NEST Berlin

SIBARIS

NEETActive - Project ID 101245003
Online Seminars - July 2026

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